

# A CLASS ACT

HILLSDALE  
COLLEGE  
Swimming  
&  
Diving

*The senior  
class of  
2009*



**2008-09**

**MEDIA GUIDE**

# 2008-09 Charger Women's Swimming Coaching Staff

Kurt Kirner approaches his job as head coach of the Hillsdale College swimming team with the expertise of experience and a vision for what the program can become.

Since taking over the program in September 2007, Kirner has spent hours observing and evaluating his team. After 17 successful seasons directing the Lawrence University (Wisc.) swimming program, Kirner enters this season ready to impliment *his* program into the Charger program.

"I have a pretty detailed program for my athletes, both in and out of the pool," Kirner said. "It's been fun being here through a full offseason and preseason practice time to integrate my program in with these great athletes we have at Hillsdale."

Kirner joined the women's swimming team just one week before its first unofficial meet of the 2007-08 season. With so little time to get to know the campus, let alone his athletes, he ended up leading the Chargers to a seventh-place finish in the GLIAC Championships.

Armed with a full season under his belt, Kirner went out and recruited a talented freshman class for 2008-09. Combined with the program's first significant senior class in many years, Kirner has the Chargers poised for a big move up in the GLIAC this season.

"It's really a family atmosphere here at Hillsdale, and that's what I was used to at Lawrence," Kirner said. "What I did at Lawrence and will do at Hillsdale, is look for quality people. I will emphasize the work ethic of our swimmers and help to take them beyond where they've been before."

Kirner was named the Midwest Conference Coach of the Year in 2006-07, leading Lawrence's women's swimming team to a second-place finish in that conference. During his career at Lawrence, Kirner coached his swimmers to a combined total of 175 individual



conference championships, and his women's teams never finished worse than fourth place in the conference.

Joining Kirner on his coaching staff, for her second season at Hillsdale, is Jodie Primus. A 2004 graduate of Lawrence, Primus was a four-time MVP of the Viking women's swimming team and was a double major in biology and English. Primus is currently attending Cooley Law School in Lansing, Mich.

## COACHING STAFF

|                                 |                           |
|---------------------------------|---------------------------|
| Head Coach .....                | Kurt Kirner               |
| Office Phone .....              | (517) 607-3142            |
| E-Mail .....                    | kurt.kirner@hillsdale.edu |
| Best Time of day to reach ..... | Mornings                  |
| Assistant Coach .....           | Jodie Primus              |

## HILLSDALE COLLEGE QUICK FACTS

|                               |   |
|-------------------------------|---|
| Location .....                | Hillsdale, Mich.                            |
| Enrollment .....              | 1,200                                       |
| President .....               | Dr. Larry P. Arnn                           |
| Alma Mater .....              | Arkansas State, 1974                        |
| Nickname .....                | Chargers                                    |
| Colors .....                  | Royal blue and white                        |
| College mailing address ..... | 33 College St.<br>..... Hillsdale, MI 49242 |
| Founded .....                 | 1844  |

## TABLE OF CONTENTS

|                                   |                    |
|-----------------------------------|--------------------|
| Table of Contents .....           | inside front cover |
| Swimming coaching staff .....     | inside front cover |
| Support staff .....               | 3                  |
| 2008-09 season preview .....      | 4                  |
| 2008-09 roster .....              | 5                  |
| 2008-09 team picture .....        | 5                  |
| Picture page .....                | 6                  |
| Athlete profile pages .....       | 7-13               |
| About the GLIAC .....             | 14                 |
| President Dr. Larry P. Arnn ..... | 15                 |
| 2008-09 schedule .....            | 16                 |



# 2008-09 Charger Women's Swimming Support Staff

## Don Brubacher Athletic Director

On July 30, 2008, Don Brubacher was named the fifth athletic director in the past 54 years at Hillsdale College. Following the strong character and tradition established by people like Jack McAvoy and Dr. Mike Kovalchik is no small task, but it's one Brubacher has fully embraced in just a few months on the job.

"I've been extremely impressed with the quality of coaches, athletes and staff we have here at Hillsdale. They have made this a very easy transition for me," Brubacher said. "I not only want to maintain the great athletic tradition we have here, but to help our coaches achieve greater success in the future."

Brubacher knew plenty of success in his nine-year stint as athletic director at Tabor College, an NAIA school located in Hillsboro, Kansas. An alumn of the school, Brubacher coached men's and women's basketball at Tabor, as well as men's and women's soccer during a career that saw him spend nearly 30 years on the field of play. He takes a lot of pride in his classroom teaching experience as well, and draws many parallels between the experience a college student has in the classroom compared to that on the athletic field.

"Our national search has produced an individual with an impressive understanding of the role that athletics plays in the formation of student character and how character development is essential to the mission of our institution," said Hillsdale College President Dr. Larry Arnn. "In addition, we have found a man with a long, proven record of success in leading a college athletic program. Don Brubacher will be a perfect fit here."

Brubacher's coaching career saw him earn many Coach of the Year accolades, and he led his men's basketball teams to 12 conference championships. His women's soccer teams also won a regular season conference championship, and a postseason tournament conference title.



## Brad Monastiere Sports Information Director

Brad Monastiere was hired as the Sports Information Director for Hillsdale College on June 6, 2005. He spent the first nine years of his post-college career working as a sportswriter for two different newspaper groups in Oakland County. Just before his appointment with the college, Brad was the Sports Editor of the Hillsdale Daily News for 18 months.

His duties include issuing press releases, updating and maintaining the school's athletic website, media relations, general gameday management and keep statistical records on all events.

In November, 2006, Brad served as the tournament director for the Division II Great Lakes Regional Volleyball Tournament, hosted by Hillsdale College. In March 2007, he was selected to be the official stacion of the MHSAA state high school volleyball semifinals and finals.

This year, Brad will serve as the Daktronics Volleyball National Coordinator. He will handle the release of the Division II All-American volleyball team. In 2007, Brad was the Daktronics Great Lakes Regional Coordinator. In June 2008, he received the Grant-Burger Media Award from the AVCA, in recognition of his contributions to the advancement of the sport of volleyball. Only eight such awards went out to Division II SIDs in the country.

Brad is a 1996 graduate of Central Michigan University, with a degree in journalism. He's won several awards for sportswriting at the collegiate and professional level. In June 2008, Brad became engaged to Katie Norris.

Assisting Brad at Charger home events this year include sports information intern Katie Botsis, along with student workers Dana Gould and Amanda Robertson.



## Claudette Charney Associate Athletic Director

Claudette Charney enters her seventh season carrying several important roles on the Hillsdale College athletic department staff.

Charney is the school's women's basketball coach and also serves as associate athletic director and senior woman administrator. In addition to coaching one of the school's most successful programs, Charney is also responsible for all NCAA clearinghouse and compliance work throughout the athletic department.

Charney has coached women's college basketball in Michigan for more than 20 years, and in 2006-07, won her 400th game as head coach. She is the Chargers' all-time winningest women's basketball coach, and in 2007-08, guided the team to its best season ever, finishing with a 23-5 mark and an appearance at the NCAA Division II regionals.

She is also the all-time winningest coach in the history of Saginaw Valley State University women's basketball. She was a track and basketball standout at both Saginaw Valley State and Grand Valley State University.

Charney and her husband, Dr. Mark Kosciuszko, reside in Hillsdale with their beloved dog Maggie.



## David Frisby (MSATC) Head Athletic Trainer

David Frisby returns for his fifth year as Hillsdale College's head athletic trainer in 2008. He previously served as the assistant athletic trainer at Hillsdale for two years. He has more than 20 years of athletic training experience, including stints with area high schools, the University of Michigan, and the Cincinnati Reds Major League Baseball team.

Dave earned both his bachelor's and master's degrees from Ohio University. He was part of the school's first graduating class of athletic training majors in 1987. Less than two years later, he earned his master's degree, also from Ohio U., in athletic training administration.

Since coming to Hillsdale, Dave has instituted an athletic training fellowship with the Hillsdale Community Health Center, where he brings over college graduates who have obtained degrees in athletic training, to assist Charger athletes with their needs in that area. The program, which runs between 12 and 24 months long, helps maintain great athletic training coverage of all the college's teams.

Dave and his wife Jennifer reside in Hillsdale with their sons Hayden (14), Mitchell (11) and Conner (5).



## Secretarial Staff



Jeanie Adams  
Executive  
Assistant to the  
Athletic Director



Anita Gordon  
Sports Complex  
Secretary



Claudia Gillette  
Business  
Secretary

# 2008-09 Charger Women's Swimming Season Preview

## Strong, deep senior class leads Charger swimmers into 2008-09 campaign

A little more than one year ago, Kurt Kirner arrived on the Hillsdale College campus to coach a team that would have its first meet in less than three weeks. Certainly there wasn't much time for Kirner to find his way from the sports complex to administrative buildings, much less to know the team he would go on to coach throughout the season.

Fast-forward to 2008, and Kirner now has coached his team a full year, has brought in his first recruiting class, and has a talented group of seniors to help lead the Hillsdale College women's swimming team into the upcoming season.

That season kicks off with the team's annual Blue-White Meet at 11 a.m. Saturday, October 4 inside the Jack McAvoy Natatorium. Admission to the meet is free for everyone.

Over the years, the Charger swimming team hasn't had many seniors in its program. That is one of the biggest changes to this team this season, as nine girls take up the mantle of senior leadership on the team.

Those seniors are: Kathryn Hermann, Kathryn Hogan, Becky Holland, Ali Lancot, Meghan McDonald, Kate Musson, Anne Verhoef, Skylar Walker and Charlotte Wolfe. Their three years of experience, plus an offseason in Kirner's detailed workout program, should pay big dividends for the team once it hits the water.

"Having a good group of seniors is always a first step towards having a successful season," Kirner said. "These girls have waited for this time and have done a great job at setting a strong work ethic example for our younger athletes."

Lancot, McDonald and Verhoef were the team's captains a year ago and got some good experience at the exact kind of leadership Kirner describes. They have also been two of the Chargers' top performers in the pool throughout their careers. Verhoef holds school records in the 100 and 200 freestyle events, and has the second-best time in the 50 freestyle.

Lancot, who has been named the team's MVP in the past, has one of the all-time top five times in the 200 butterfly and 200 breaststroke events, making her one of the team's most reliable specialty swimmers in her career.

McDonald has been one of the team's best relay swimmers over the course of her career as well.

Wolfe has been the team's only diver throughout her career, and her points can prove to be very valuable in the close meets the team competes in throughout the year.

Junior Meredith Scott, the 2007-08 team MVP, has been another consistent point-scorer for the Chargers during her two seasons with the team. Her best times in individual medley events show her versatility and ability to contribute across the board.

The overall talent level and depth have improved even with Kirner's one season on the job. Sophomore Alicia LeDuc was a big-time point scorer for the team as a freshman last year, and is versatile enough to compete in several different individual and relay events. She recorded the fourth-fastest time in school history in the 100 backstroke last year, and has the ability to break the one-minute barrier in that event this year.

The incoming freshman class is one Kirner is excited to get in the water and to see how it measures up against some of the competition in the GLIAC.

"We have freshmen who recorded times in events in high school that would make it up on our (school record) board now," Kirner said. "They are a very accomplished group and should make our team better."



Top Meredith Scott; bottom, Alison Roberts.

Some of the freshmen to watch include Linda Okonkowski (butterfly and middle distance events), Nikki Dyer (distance and freestyle), Ashleigh Belin (backstroke), Katie Lamb (sprint events, freestyle) and Michaela Wolfe (diver). Michaela Wolfe is the cousin of Charlotte Wolfe.

Hillsdale's home meets this season are: Oct. 4, Blue-White Meet; Nov. 7 vs. Findlay and Albion; Nov. 15 vs. Olivet and Ohio Northern; and Jan. 24 vs. St. Mary's.

# 2008-09 Hillsdale College Women's Swimming Roster

| <u>Name</u>      | <u>Events</u>   | <u>Yr</u> | <u>Hometown</u>        | <u>High School</u>      |
|------------------|-----------------|-----------|------------------------|-------------------------|
| Kirsten Adams    | Fly, Free, Back | So.       | Anchorage, Alaska      | Frontier Charter        |
| Ashleigh Belin   | Back, IM        | Fr.       | Marion, Iowa           | LinnMar                 |
| Celia Bigelow    |                 | Fr.       |                        |                         |
| Anna Boeding     | Free, Breast    | So.       | Columbus, Neb.         | Scotus Central Catholic |
| Nikki Dyer       | Distance, Free  | Fr.       | Rochester Hills, Mich. | Henry Ford II           |
| Kelsey Gomberg   | IM, Fly         | So.       | Crystal Lake, Ill.     | Central                 |
| Alison Guttrich  | Back, IM        | Fr.       | Davison, Mich.         | Davison                 |
| Kathryn Hermann  | Distance        | Sr.       | Golden, Col.           | Coral Reef              |
| Kathryn Hogan    | Back, Free      | Sr.       | Lathrup Village, Mich. | Southfield Christian    |
| Becky Holland    | Distance        | Sr.       | Mishawaka, Ind.        | Marian                  |
| Katie Lamb       | Sprint, Free    | Fr.       | Franklin, Ind.         | Franklin Community      |
| Ali Lanctot      | Breast, IM, Fly | Sr.       | Mount Pleasant, Mich.  | Mount Pleasant          |
| Alicia LeDuc     | 50 Free, Back   | So.       | Oconomowoc, Wisc.      | Lake Country Lutheran   |
| Hannah Lutheran  | Freestyle       | Fr.       | Traverse City, Mich.   | Christian               |
| Meghan McDonald  | Free, Back, IM  | Sr.       | Jackson, Mich.         | Lumen Christi           |
| Alyssa Morrin    | Fly, Free       | Fr.       | Kettering, Ohio        | Dayton Christian        |
| Kate Musson      | Sprint, Free    | Sr.       | Plymouth, Mich.        | Salem                   |
| Cassie Nielsen   | Fly, IM         | Jr.       | Indianapolis, Ind.     | Pike                    |
| Linda Okonkowski | Distance, Fly   | Fr.       | Dearborn, Mich.        | Allen Park              |
| Alison Roberts   | Free, Breast    | So.       | Louisville, Ky.        | Highlands Latin School  |
| Meredith Scott   | Breast, IM      | Jr.       | Nappanee, Ind.         | Bremen                  |
| Stephanie Sobey  | Free, Back      | Jr.       | Woodstock, Ill.        | Woodstock               |
| Anne Verhoef     | Free, Breast    | Sr.       | Newport News, Va.      | Warwick                 |
| Skylar Walker    | Breast, IM      | Sr.       | Pasadena, Texas        | Rayburn                 |
| Charlotte Wolfe  | Diver           | Sr.       | Greensboro, NC         | Caldwell                |
| Michaela Wolfe   | Free            | Fr.       | Asheville, NC          | Carolina Day            |



# Meet the Swimmers



# Athlete Profiles

## Kirsten Adams

Sophomore Freestyle, Backstroke  
Anchorage, Alaska/Frontier Charter School



**Birthdate:** Dec. 21, 1986  
**Parents:** Peter and Tina  
**Major:** Biology

### Kirsten's Favorite...

**FOOD:** Mashed potatoes  
**RESTAURANT:** My mom's kitchen  
**MUSICAL ARTIST:** Tim McGraw  
**MOVIE:** Cinderella Man, Enchanted, She's the Man  
**MAGAZINE:** Glamour  
**TV SHOW:** Law and Order SVU, Grey's Anatomy  
**HOBBIES:** Kappa, science, piano, trumpet, hanging out at 233 Union St.  
**ATHLETE:** Ryan Lotche, Brendan Hansen

## Ashleigh Belin

Freshman Backstroke, IM  
Marion, Iowa/LinnMarr High School



**Birthdate:** May 21, 1990  
**Parents:** Tom and Kelly  
**Major:** Political Science

### Ashleigh's Favorite...

**FOOD:** Doughnuts  
**RESTAURANT:** Panhero's  
**MUSICAL ARTIST:** Every Avenue  
**MOVIE:** Hoosiers  
**MAGAZINE:** People  
**TV SHOW:** Friends  
**HOBBIES:** Sports, sleeping, reading  
**ATHLETE:** Patrick Roy

## Celia Bigelow

Senior Backstroke, Freestyle  
Lathrup Village, Mich./Southfield Christian



**Birthdate:** Feb. 26, 1990  
**Parents:** Karen and Bill  
**Major:** Economics

### Celia's Favorite...

**FOOD:** Mexican  
**RESTAURANT:** Chipolte  
**MUSICAL ARTIST:** The Beatles  
**MOVIE:** The Graduate  
**MAGAZINE:** US Weekly  
**TV SHOW:** That 70's Show  
**HOBBIES:** Water polo, eating the "ends" of everything  
**ATHLETE:** Richard Hamilton

## Anna Boeding

5-10 Freshman Libero/Setter  
West Bloomfield, Mich./Pontiac Notre Dame



**Birthdate:** Dec. 21, 1986  
**Parents:** Peter and Tina  
**Major:** Biology

### Anna's Favorite...

**FOOD:** Mashed potatoes  
**RESTAURANT:** My mom's kitchen  
**MUSICAL ARTIST:** Tim McGraw  
**MOVIE:** Cinderella Man, Enchanted, She's the Man  
**MAGAZINE:** Glamour  
**TV SHOW:** Law and Order SVU, Grey's Anatomy  
**HOBBIES:** Kappa, science, piano, trumpet, hanging out at 233 Union St.  
**ATHLETE:** Ryan Lotche, Brendan Hansen

# Athlete Profiles

## Nikki Dyer

Freshman Distance Events, Freestyle  
Rochester Hills, Mich./Henry Ford II



**Birthdate:** April 24, 1990  
**Parents:** Mark and Kathy  
**Major:** Early Childhood Education

### Nikki's Favorite...

**FOOD:** Pasta  
**RESTAURANT:** The Alibi  
**MUSICAL ARTIST:** Colbie Caillat  
**MOVIE:** The Pursuit of Happiness  
**MAGAZINE:** none  
**TV SHOW:** Brothers and Sisters, Grey's Anatomy  
**HOBBIES:** Scrapbooking  
**ATHLETE:** Katgie Hoff

## Kelsey Gomberg

Sophomore Butterfly, Freestyle, Sprints  
Crystal Lake, Ill./Crystal Lake



**Birthdate:** Dec. 21, 1987  
**Parents:** Robert and Marla  
**Major:** Integrated Science

### Kelsey's Favorite...

**FOOD:** Macaroni and cheese  
**RESTAURANT:** Outback Steakhouse  
**MUSICAL ARTIST:** Rascal Flatts, Taylor Swift, Usher  
**MOVIE:** We Are Marshall  
**MAGAZINE:** People  
**TV SHOW:** Grey's Anatomy  
**HOBBIES:** Horseback riding  
**ATHLETE:** Michael Phelps

## Alison Guttrich

Freshman Backstroke, IM  
Davison, Mich./Davison High School



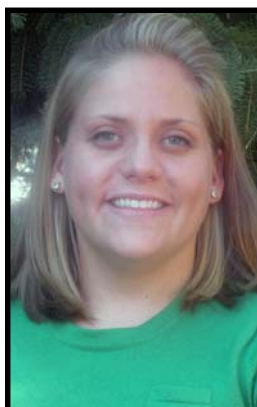
**Birthdate:** Dec. 13, 1990  
**Parents:** Bill and Trina  
**Major:** Finance/Spanish

### Alison's Favorite...

**FOOD:** Grandma's banana cake  
**RESTAURANT:** Italia Gardens  
**MUSICAL ARTIST:** Maroon 5  
**MOVIE:** Finding Nemo  
**MAGAZINE:** none  
**TV SHOW:** Friends  
**HOBBIES:** Spending time with family and friends  
**ATHLETE:** Natalie Coughlin

## Kathryn Hermann

Senior Distance Events  
Golden, Col./Coral Reef High School



**Birthdate:** March 4, 1987  
**Parents:** Jeff and Gail  
**Major:** Christian Studies

### Kathryn's Favorite...

**FOOD:** Ice cream sandwiches  
**RESTAURANT:** Mimi's Cafe  
**MUSICAL ARTIST:** Casting Crowns  
**MOVIE:** The Breakfast Club  
**MAGAZINE:** National Geographic  
**TV SHOW:** American Idol  
**HOBBIES:** Young Life  
**ATHLETE:** Jenny Thompson

# Athlete Profiles

## Kathryn Hogan

Senior Backstroke, Freestyle  
Lathrup Village, Mich./Southfield Christian



**Birthdate:** Feb. 26, 1987  
**Parents:** Bill and Chris  
**Major:** History, Spanish

### Kathryn's Favorite...

**FOOD:** Cheese and fruit  
**RESTAURANT:** No chain restaurants  
**MUSICAL ARTIST:** Jars of Clay, Amerblin, Anathallo  
**MOVIE:** A Knight's Tale, V for Vendetta  
**MAGAZINE:** none  
**TV SHOW:** Heroes, The Office  
**HOBBIES:** Guitar, piano, dance, singing, traveling  
**ATHLETE:** Natalie Coughlin

## Becky Holland

Senior Distance Events  
Mishawaka, Ind./Marian High School



**Birthdate:** Dec. 21, 1986  
**Parents:** Peter and Tina  
**Major:** Biology

### Becky's Favorite...

**FOOD:** Mashed potatoes  
**RESTAURANT:** My mom's kitchen  
**MUSICAL ARTIST:** Tim McGraw  
**MOVIE:** Cinderella Man, Enchanted, She's the Man  
**MAGAZINE:** Glamour  
**TV SHOW:** Law and Order SVU, Grey's Anatomy  
**HOBBIES:** Kappa, science, piano, trumpet, hanging out at 233 Union St.  
**ATHLETE:** Ryan Lotche, Brendan Hansen

## Katie Lamb

Freshman Sprint Events, Freestyle  
Franklin, Ind./Franklin Community



**Birthdate:** Feb. 8, 1990  
**Parents:** Larry and Twyla  
**Major:** Undecided

### Katie's Favorite...

**FOOD:** Chocolate chip cookies  
**RESTAURANT:** The Cheesecake Factory  
**MUSICAL ARTIST:** Chris Tomlin  
**MOVIE:** She's the Man  
**MAGAZINE:** People  
**TV SHOW:** Gilmore Girls  
**HOBBIES:** Soccer, singing, boating  
**ATHLETE:** Peyton Manning

## Ali Lanctot

Senior Breaststroke, IM, Butterfly  
Mount Pleasant, Mich./Mount Pleasant



**Birthdate:** May 20, 1987  
**Parents:** Jay and Carol  
**Major:** Biology

### Ali's Favorite...

**FOOD:** Chocolate Chip Pie  
**RESTAURANT:** The Cabin in Mt. Pleasant  
**MUSICAL ARTIST:** The Black Keys  
**MOVIE:** Sixteen Candles, Goonies  
**MAGAZINE:** Sports Illustrated, Jane  
**TV SHOW:** Entourage, Alias  
**HOBBIES:** Euchre, reading  
**ATHLETE:** Brendan Hansen

# Athlete Profiles

## Alicia LeDuc

Sophomore Backstroke, Freestyle, Sprints  
Oconomowoc, Wisc./Lake Country Lutheran



**Birthdate:** May 26, 1989  
**Parents:** Barbara and Christopher  
**Major:** Physical Education

### Alicia's Favorite...

**FOOD:** Banana Foster  
**RESTAURANT:** Culver's  
**MUSICAL ARTIST:** Guster and Jack Johnson  
**MOVIE:** Breakfast at Tiffany's  
**MAGAZINE:** Cosmo  
**TV SHOW:** Family Guy, House, That 70's Show  
**HOBBIES:** Chilling with friends  
**ATHLETE:** Natalie Coughlin and Kabeer Gbaja-Biamila

## Hannah Lutheran

Freshman Freestyle  
Traverse City, Mich./Christian



**Birthdate:** Oct. 19, 1990  
**Parents:** Ron and Liz  
**Major:** Undecided

### Hannah's Favorite...

**FOOD:** Everything  
**RESTAURANT:** Panera Bread  
**MUSICAL ARTIST:** none  
**MOVIE:** The Patriot  
**MAGAZINE:** People  
**TV SHOW:** The Office  
**HOBBIES:** Tennis, art, basketball  
**ATHLETE:** Ryan Lotche

## Meghan McDonald

Senior Freestyle, Backstroke  
Jackson, Mich./Lumen Christi High School



**Birthdate:** May 11, 1987  
**Parents:** Paul and Diane  
**Major:** Biology

### Meghan's Favorite...

**FOOD:** Spaghetti and Reubens  
**RESTAURANT:** Macaroni Grill  
**MUSICAL ARTIST:** "Enchanted" Soundtrack  
**MOVIE:** Return to Me  
**MAGAZINE:** Glamour  
**TV SHOW:** Gilmore Girls  
**HOBBIES:** Coloring  
**ATHLETE:** Natalie Coughlin

## Alyssa Morrin

Freshman Butterfly, Freestyle  
Kettering, Ohio/Dayton Christian



**Birthdate:** July 5, 1990  
**Parents:** Damon and Janet  
**Major:** Art/English

### Alyssa's Favorite...

**FOOD:** Goldfish crackers  
**RESTAURANT:** Panera Bread  
**MUSICAL ARTIST:** Guster  
**MOVIE:** Donnie Darko, The Nightmare Before Christmas  
**MAGAZINE:** Time  
**TV SHOW:** Scrubs, Project Runway  
**HOBBIES:** Drawing  
**ATHLETE:** Roger Federer

# Athlete Profiles

## Kate Musson

Senior Sprint Events, Freestyle  
Plymouth, Mich./Salem High School



**Birthdate:** Oct. 12, 1988  
**Parents:** Warren and Anne  
**Major:** Marketing Management

**Kate's Favorite...**

**FOOD:** Mediterranean, ice cream  
**RESTAURANT:** Chicago Water Grill  
**MUSICAL ARTIST:** O.A.R.  
**MOVIE:** Finding Nemo  
**MAGAZINE:** People  
**TV SHOW:** Grey's Anatomy  
**HOBBIES:** Running  
**ATHLETE:** Allison Schmitt

## Cassie Nielsen

Junior Butterfly, Freestyle, Distance Events  
Indianapolis, Ind./Pike High School



**Birthdate:** June 10, 1987  
**Parents:** Steve and Gina  
**Major:** Political Science

**Cassie's Favorite...**

**FOOD:** Gummi Bears  
**RESTAURANT:** More than one  
**MUSICAL ARTIST:** Rolling Stones  
**MOVIE:** Mary Poppins  
**MAGAZINE:** Time  
**TV SHOW:** Damages, Prime Suspect  
**HOBBIES:** Politics, reading, listening to music  
**ATHLETE:** Muhammad Ali

## Linda Okonkowski

Freshman Distance Events, Butterfly  
Allen Park, Mich./Allen Park High School



**Birthdate:** Jan. 5, 1990  
**Parents:** Pete and Bernadette  
**Major:** Biology

**Linda's Favorite...**

**FOOD:** Chicken fettcine alfredo  
**RESTAURANT:** Applebee's  
**MUSICAL ARTIST:** Gavin DeGraw  
**MOVIE:** Elf, She's the man  
**MAGAZINE:** none  
**TV SHOW:** Who's Line is it Anyway?  
**HOBBIES:** Reading, making jewelry  
**ATHLETE:** Nicklas Lidstrom

## Alison Roberts

Sophomore Freestyle  
Louisville, Ky./Highlands Latin School



**Birthdate:** Dec. 29, 1988  
**Parents:** Marc and Laura  
**Major:** Classics

**Alison's Favorite...**

**FOOD:** Italian  
**RESTAURANT:** Lynn's Paradise Cafe  
**MUSICAL ARTIST:** Coldplay  
**MOVIE:** Gone With the Wind  
**MAGAZINE:** InStyle  
**TV SHOW:** The Office  
**HOBBIES:** Volunteering  
**ATHLETE:** Natalie Coughlin, Aaron Peirsol

# Athlete Profiles

## Meredith Scott

Junior Breaststroke, IM  
Nappanee, Ind./Bremen High School



**Birthdate:** Jan. 1, 1989  
**Parents:** Doug and Cindy  
**Major:** Elementary Education

### Meredith's Favorite...

**FOOD:** Ice cream and broccoli, but not together  
**RESTAURANT:** Olive Garden  
**MUSICAL ARTIST:** Kenny Chesney, Usher, Rascal Flatts  
**MOVIE:** Finding Nemo  
**MAGAZINE:** none  
**TV SHOW:** Fresh Prince of Bel Air, Everybody Loves Raymond  
**HOBBIES:** Rollerblading, four-wheeling, biking, running, playing piano  
**ATHLETE:** Ryan Lotche

## Stephanie Sobe

Junior Freestyle, Backstroke  
Woodstock, Ill./Woodstock High School



**Birthdate:** Nov. 16, 1987  
**Parents:** Steve and Marianne  
**Major:** Political Science

### Stephanie's Favorite...

**FOOD:** M&Ms  
**RESTAURANT:** none  
**MUSICAL ARTIST:** Josh Turner  
**MOVIE:** White Christmas  
**MAGAZINE:** none  
**TV SHOW:** NCIS  
**HOBBIES:** Wyld Life  
**ATHLETE:** Aaron Peirsol

## Anne Verhoef

Senior Freestyle, Breaststroke  
Newport News, Va./Warwick High School



**Birthdate:** Jan. 8, 1987  
**Parents:** Jeff and Joan  
**Major:** Biology

### Anne's Favorite...

**FOOD:** Everything  
**RESTAURANT:** Plaza Azteca  
**MUSICAL ARTIST:** Too many to name  
**MOVIE:** No scary movies  
**MAGAZINE:** Discover  
**TV SHOW:** Friends, American Idol  
**HOBBIES:** Bike riding, hanging out with friends, piano  
**ATHLETE:** none listed

## Skylar Walker

Senior Breaststroke, Sprint Events, Freestyle  
Pasadena, Texas/Rayburn High School



**Birthdate:** Nov. 13, 1986  
**Parents:** David and Lynn  
**Major:** Political Science, Classics

### Skylar's Favorite...

**FOOD:** Ice cream  
**RESTAURANT:** The Cajun Greek  
**MUSICAL ARTIST:** The Mountain Goats  
**MOVIE:** Life As A House  
**MAGAZINE:** GQ  
**TV SHOW:** Survivor  
**HOBBIES:** Surfing  
**ATHLETE:** C.J. Wilson

# Athlete Profiles

## Charlotte Wolfe

5-10 Freshman Libero/Setter  
West Bloomfield, Mich./Pontiac Notre Dame



**Birthdate:** Feb. 18, 1987  
**Parents:** Jim and Alice  
**Major:** Biology

### Charlotte's Favorite...

**FOOD:** Sushi  
**RESTAURANT:** Green Valley Grill in Greensboro, NC  
**MUSICAL ARTIST:** Dave Matthews Band  
**MOVIE:** Elf  
**MAGAZINE:** Women's Health  
**TV SHOW:** Friends, Family Guy  
**HOBBIES:** Building spaceships, eating ice cream, catching frogs, bug hunting, traveling, volunteering, canoeing, playing Monopoly  
**ATHLETE:** Kobe Bryant

## Michaela Wolfe

Freshman Freestyle, Diver  
Asheville, NC/Carolina Day School



**Birthdate:** July 11, 1989  
**Parents:** Bill and Pam  
**Major:** Undecided

### Michaela's Favorite...

**FOOD:** Chocolate and peanut butter  
**RESTAURANT:** The Mellow Mushroom  
**MUSICAL ARTIST:** Jaosn Mraz  
**MOVIE:** Emperor's New Groove  
**MAGAZINE:** Popular Science  
**TV SHOW:** Scrubs  
**HOBBIES:** Singing  
**ATHLETE:** Ryan Lotche



# About the GLIAC

## The Great Lakes Intercollegiate Athletic Conference



The Great Lakes Intercollegiate Athletic Conference (GLIAC), founded in 1972, has been a leader in the advancement and promotion of intercollegiate athletics for men and women for 37 years.

The charter members of the GLIAC were Ferris State University, Grand Valley State University, Lake Superior State University, Northwood University, and Saginaw Valley State University.

Expansion of the GLIAC began immediately with the addition of Oakland University in 1974. Hillsdale College, Northern Michigan University, and Wayne State University were accepted as members in 1975. In 1977, the conference lost its first member when Northern Michigan withdrew. Michigan Technological University filled the vacancy when it became a member in 1980.

After the 1986-87 season, Northwood left the conference and was replaced by Northern Michigan. Northwood rejoined the conference in 1992.

After the 1989 season, the conference dropped football as a sponsored sport. The conference schools sponsoring football joined the members of the Heartland Collegiate Conference in forming the football-only Midwest Intercollegiate Football Conference (MIFC), which began play in 1990.

After nine years of existence as one of the premier conferences in Division II football, the MIFC merged as part of GLIAC on July 1, 1999. With the merger, the University of Indianapolis became an associate member as a football-only school.

The GLIAC entered a new era in the 1995-96 school year. Prior to 1995-96, all member institutions of the GLIAC were located in the state of Michigan. On December 14, 1994, membership was offered to three schools located in Ohio and Pennsylvania. The expansion members were Ashland University of Ashland, Ohio, and Gannon University and Mercyhurst College, both located in Erie, Pennsylvania. All three schools began their membership July 1, 1995.

On July 1, 1997, membership was granted to The University of Findlay, located in Findlay, Ohio. UF replaced Oakland University, which withdrew from the conference after the 1996-97 season as it moved to NCAA Division I status.

Westminster College, located in New Wilmington, Pennsylvania, became the 14th member of the GLIAC when it accepted its expansion offer in May of 1997. On June 30, 2000 Westminster left the conference as it changed its affiliation to NCAA Division III.

The GLIAC will expand again when Tiffin University of Ohio joins the conference in the 2008-09 academic year. Tiffin was offered membership on June 20, 2007, and will compete in 18 of the league's championships. The addition of Tiffin leaves the GLIAC with 12 full members as Gannon and Mercyhurst moved to the Pennsylvania State Athletic Conference for the 2008-09 academic year.

Overall the GLIAC conducts championships in 20 sports, 10 for men and 10 for women. The policy-making body of the GLIAC is the Executive Council, which is comprised of three representatives from each member institution – its director of athletics, faculty athletics representative and senior woman administrator.

The presidency of the GLIAC is rotated alphabetically by school, with Tim Selgo, Director of Athletics at Grand Valley State, serving as GLIAC President in 2008-09.

As GLIAC commissioner, Tom Brown is responsible for all conference administration. He is beginning his 17th season as the conference's fifth commissioner.

Assisting Brown are: Penny Cook, Assistant Commissioner for Compliance/S.W.A., Jeff Ligney, Director of Media Relations; Denise Gross, Assistant to the Commissioner; Phil Barnes, Supervisor of Football Officials; John Kirk, Supervisor of Basketball Officials; and Jeanne Skinner, Supervisor of Volleyball Officials.

### **"Where Champions Compete"**

#### **The GLIAC Commissioners**

|                                |                           |
|--------------------------------|---------------------------|
| <b>John Hoekje</b>             | <b>1971-72 to 1978-79</b> |
| <b>Herbert "Pete" Peterson</b> | <b>1979-80 to 1984-85</b> |
| <b>Tom Donahue</b>             | <b>1985-86 to 1986-87</b> |
| <b>Vern Norris</b>             | <b>1987-88 to 1991-92</b> |
| <b>Tom Brown</b>               | <b>1992-93 to present</b> |

# President Dr. Larry Arnn

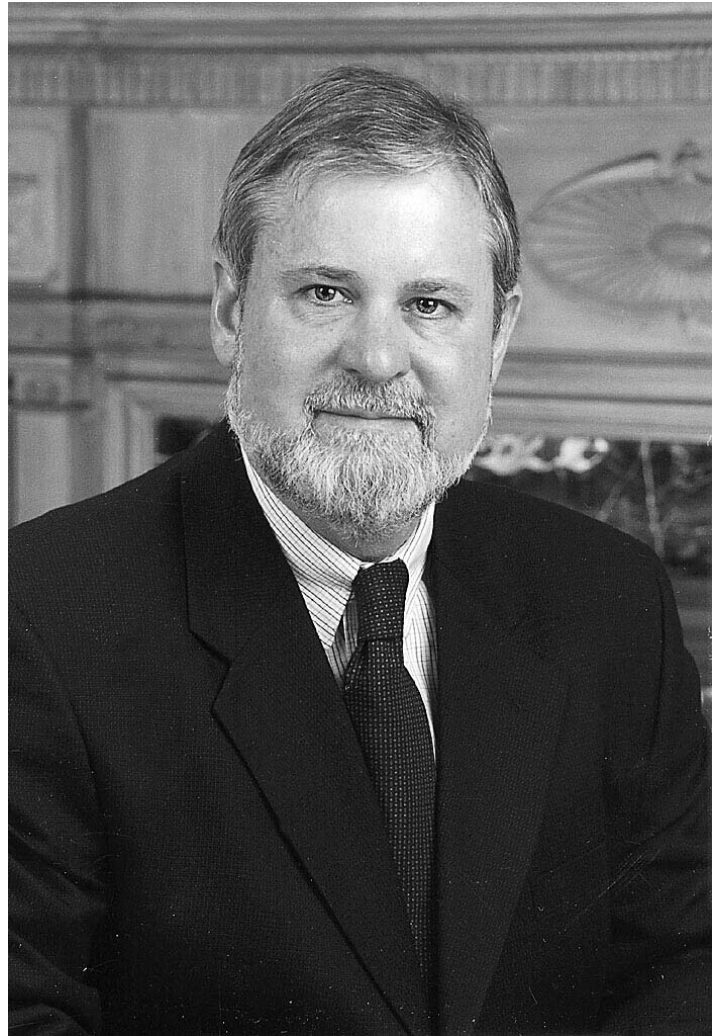
## DR. LARRY ARNN

### President

Dr. Larry P. Arnn, the 12th president of Hillsdale College, received his B.A. in Political Science and Accounting in 1974 from Arkansas State University, graduating with the highest distinction. He studied at the Claremont Graduate School and received his M.A. in Government in 1976, and his Ph.D. in Government in 1985. He studied in England from 1977 to 1980, first as a research student in International History at the London School of Economics and then in Modern History at Worcester College, Oxford University. He has received numerous fellowships and awards, among them a two-year fellowship from the Alcoa Foundation in 1972; a Richard M. Weaver Fellowship in 1975; a Rotary International Fellowship in 1977; and Earhart Foundation Fellowships in 1978, 1979, and 1980; and a Winston S. Churchill Association Fellowship from 1977 to 1980.

While in England, Dr. Arnn served as Director of Research for Mr. Martin, now Sir Martin, Gilbert of Merton College, Oxford. Sir Martin is the official biographer of Sir Winston Churchill. Dr. Arnn returned to the United States in 1980 to become an editor for *Public Research, Syndicated*. In 1985, he became president of the Claremont Institute, a public policy research institution based in Southern California.

Published widely in many national newspapers, magazines and periodicals on issues of public policy and political theory, Dr. Arnn is a director of the Henry Salvatori Center of Claremont McKenna College, of the Americans Against Discrimination and Preferences, of the Center for Individual Rights, of St. Mark's Episcopal School, and of the Claremont Institute. He served on the Board of Advisors for Landmark Legal Foundation, and on the Academic Advisory Board of the Free Enterprise Institute and of the International Churchill Society. He recently was appointed to the Congressional Policy Advisory Board



which provides counsel to the House Republican Policy Committee. He is a member of the American Political Science Association, Pi Sigma Alpha, the Mont Pelerin Society, the International Churchill Society and the Philanthropy Roundtable.

Hillsdale's new president was also the Founding Chairman of the California Civil Rights Initiative, or Proposition 209 on the November 1996 ballot. He and his wife, Penelope, have three children, Henry, Katy and Alice.

# 2008-09 NCAA Division II Women's Swimming and Diving Championships

## Qualifying Standards

| Event            | <u>25-yard course</u> |                   | <u>25-meter course</u> |                   | <u>50-meter course</u> |                   |
|------------------|-----------------------|-------------------|------------------------|-------------------|------------------------|-------------------|
|                  | <u>A-standard</u>     | <u>B-standard</u> | <u>A-standard</u>      | <u>B-standard</u> | <u>A-standard</u>      | <u>B-standard</u> |
| 50 Free          | 23.89                 | 24.61             | 26.67                  | 27.47             | 27.43                  | 28.26             |
| 100 Free         | 52.09                 | 53.66             | 58.14                  | 59.89             | 59.60                  | 1:01.40           |
| 200 Free         | 1:53.39               | 1:56.81           | 2:06.56                | 2:10.37           | 2:09.74                | 2:13.65           |
| 500 Free         | 5:02.99               | 5:12.07           | 4:25.09                | 4:33.03           | 4:32.08                | 4:40.64           |
| 1000 Free        | -                     | 10:48.09          | -                      | 9:27.01           | -                      | 9:42.02           |
| 1650 Free        | 17:32.29              | 18:03.85          | 17:29.15               | 18:00.61          | 17:59.28               | 18:31.65          |
| 100 Fly          | 57.19                 | 58.90             | 1:03.83                | 1:05.74           | 1:05.22                | 1:07.17           |
| 200 Fly          | 2:06.99               | 2:10.81           | 2:21.73                | 2:26.00           | 2:24.15                | 2:27.02           |
| 100 Back         | 58.09                 | 59.84             | 1:04.84                | 1:06.79           | 1:08.11                | 1:10.16           |
| 200 Back         | 2:05.99               | 2:09.76           | 2:20.62                | 2:24.83           | 2:27.02                | 2:31.42           |
| 100 Breaststroke | 1:05.49               | 1:07.45           | 1:13.10                | 1:15.29           | 1:15.28                | 1:17.54           |
| 200 Breaststroke | 2:22.49               | 2:26.76           | 2:39.03                | 2:43.80           | 2:42.29                | 2:47.16           |
| 200 IM           | 2:08.09               | 2:11.93           | 2:22.96                | 2:27.25           | 2:27.74                | 2:32.17           |
| 400 IM           | 4:33.09               | 4:41.28           | 5:04.79                | 5:13.93           | 5:11.75                | 5:21.10           |
| 200 Free Relay   | 1:36.69               | -                 | 1:47.92                | -                 | 1:51.02                | -                 |
| 400 Free Relay   | 3:32.19               | -                 | 3:56.82                | -                 | 4:02.79                | -                 |
| 800 Free Relay   | 7:43.39               | -                 | 8:37.18                | -                 | 8:50.20                | -                 |
| 200 Medley Relay | 1:47.69               | -                 | 2:00.19                | -                 | 2:03.93                | -                 |
| 400 Medley Relay | 3:55.49               | -                 | 4:22.83                | -                 | 4:31.31                | -                 |

| <u>Event</u>                 | <u>1-meter diving points</u> | <u>3-meter diving points</u> |
|------------------------------|------------------------------|------------------------------|
| Dual-5 optionals/1 voluntary | 245                          | 255                          |
| Dual-6 optionals             | 255                          | 265                          |
| Championship - 11 dives      | 390                          | 420                          |